



INAS  
EUROPEAN  
CHAMPIONSHIPS



June 12<sup>th</sup> – 18<sup>th</sup>

Athletics





## Dates

Athletics      June 12<sup>th</sup> - 18<sup>th</sup>

## Location

Gävle, Sweden

## Accommodation

Scandic hotel Gävle Väst, [www.scandichotels.se/gavlevast](http://www.scandichotels.se/gavlevast)

Clarion hotel Winn Gävle, [www.clarionwinnjavle.se](http://www.clarionwinnjavle.se)

## Meals

Meals will be served at the hotel, beginning with dinner on arrival day and ending with breakfast on departure day.

## Important dates

October 31, 2011      First Entry (Entry by numbers)

February 27, 2012      Final Entry (Entry by names)

## INAS European Championships Secretariat

**Address:** SUH, Box 1002, SE-821 11 Bollnäs, Sweden

**Att. Mr. Anders Olsson**

**E-mail:** [anders@suh.se](mailto:anders@suh.se)

**Website:** [www.suh.se](http://www.suh.se)

**Phone:** +46 70 371 92 18

## Tentative Programme

### Tuesday June 12

Arrival of delegations

### Wednesday June 13

Training, Technical meeting, accreditation

### Thursday June 14

Opening ceremony, Training

### Friday June 15 – Sunday 17

Competition days, closing ceremony Sunday

### Monday June 18

Departure of delegations



## Entry fee

20 % of the entry fee shall be paid together with the 1<sup>st</sup> entry and the remaining amount together with the final entry.

## The price per person for the whole stay including:

- accommodation (sharing in double rooms and in some cases triple rooms or single rooms)
  - meals (from dinner arrival day to breakfast departure day)
  - local transports (hotel - competition/training venue)
  - INAS capitation fee
- is – 635 € per person**

Cost for additional days: 120 € per day & person

## Payment

Bank: Swedbank AB

Bank address: Långgatan 11, 821 43 Bollnäs, Sweden

Account name: SVENSKT UTVECKLINGSCENTRUM HANDIKAPP

Address: Box 1002, SE-821 11 Bollnäs, Sweden

BIC: SWEDSESS

Account number - IBAN: SE45 8000 0810 3490 4678 8825

Reference: INAS European Championships 2012

## Medical service

Sports medical staff will be present during each day of the competition.

## Sports rules and regulation

According to rules of IAAF – International Amateur Athletics Federation – and INAS.

## Athlete Eligibility

All athletes entering the event must appear on the INAS Classification Master List no later than the final entry deadline. Applications for new athletes must be submitted to INAS as soon as possible. Athletes who do not meet the qualifying criteria or do not appear on the INAS Classification Master List are not eligible for this event. There is no ‘guest’ entry.

## Sports classification

At this time, it is not proposed to include a sports classification service at this event. If this becomes necessary however, then this may incur an additional fee for those athletes seeking classification.

## Accreditation

Accreditation cards will be issued to each athlete only after he/she has personally shown his/her valid passport to the Event Eligibility Officer. Accreditation will also be provided to staff and other officials on registration, with passport and two passport photos.

## Events list and suggestion of qualification standards

EVENT	MEN	WOMEN
100m	12.00	14.50
200m	24.30	30.50
400m	55.20	1.14.00
800m	2.10.00	2.45.00
1.500m	4.25.00	6.00.00
3.000m	---	14.00.00
5.000m	17.30.00	open
10.000m	open	---
100m Hurdles (0.84)	---	open
110m Hurdles (0.91)	open	---
400m Hurdles (0.76)	---	open
400m Hurdles (0.84)	open	---
3.000m Steeplechase	open	---
5.000m Walk Race	---	open
10.000m Walk Race	open	---
High Jump	1,65m	1,20m
Long Jump	5,80m	4,20m
Triple Jump	11,00m	Open
Shot Put	9,90m	8,20m
Discus	25,00m	16,00m
Javelin	35,00m	18,00m
Hammer	open	Open
4 x 100m Relay	1 team per country	1 team per country
4 x 400m Relay	1 team per country	1 team per country
Heptathlon	open	open

### Team Competition Format

According to the INAS guidelines and in order to encourage nations to participate, the European Championship will have individual and team competition per sex (male and female). In the Team Competition each competing nation only is classified one (1) athlete per event (the best classified in the individual competition). Only nations with a minimum of 3 participant's athletes per sex are eligible to participate in the Team Competition of this sex (male or female).

**The classification system for Team Competition is:**

- n points for 1st classified;
- n-1 points for 2nd classified;
- n-2 points for 3rd classified, and so on for other places.

(n) is the number of nations eligible for participation in the Team Competition per sex.

### **Example: Male Competition 12 participating countries**

1st 12 points

2nd 11 points

3rd 10 points

...

12th 1 point

### **Competition venue**

The competition and the training will be held at the Gunder Hägg Stadium, which is approved by international standards for competitions. There are 8 lane tracks and double run ups for long jump. In 2011 the stadium will get new surface on the tracks. The stadium is located just 3 km from the city centre of Gävle and the accommodations.



### **Address:**

Gunder Hägg Stadion/ Gefle IF FIF-Friidrott

Idrottsvägen 7

806 33 Gävle

### **Health care**

It is necessary for all participants to have contributory insurance cover.

### **Language**

Materials/information will be available in English.

**More information will be available on the website: [www.suh.se](http://www.suh.se)**

# First Entry Form

*INAS European Championships 2012, Gävle Sweden*

	Female	Male	Totally
Number of team leaders			
Number of athletes			
Totally			

INAS member nation: \_\_\_\_\_

Contact person: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

E-mail: \_\_\_\_\_

Phone/Mobile: \_\_\_\_\_

## **Note!**

20 % of the entry fee shall be paid together with the first entry and the remaining amount together with the final entry. The entry fee shall be paid to:

**Bank: Swedbank AB**

**Bank address: Långgatan 11, 821 43 Bollnäs, Sweden**

**Account name: SVENSKT UTVECKLINGSCENTRUM HANDIKAPP**

**Address: Box 1002, SE-821 11 Bollnäs, Sweden**

**BIC: SWEDSESS**

**Account number - IBAN: SE45 8000 0810 3490 4678 8825**

**Reference: INAS European Championships 2012**

Please return this form to Mr Anders Olsson *before 31 October 2011*

Email: anders@suh.se / Mobile: +46 70 371 92 18





## Final Entry Form

INAS European Championships 2012, Gävle Sweden

### Entry By Name - Athlete

COUNTRY: \_\_\_\_\_

#### Entry By Name

Please  
attach  
passport  
size photo

Please  
attach  
passport  
size photo

Family Name: \_\_\_\_\_

Given Name: \_\_\_\_\_

Passport No: \_\_\_\_\_

Special Dietary  
Requirements  
(gluten, lactose,  
no pork etc.): \_\_\_\_\_

Event	Gender (F/M)	Qualifying Performance	Place & Date

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# Final Entry Form

INAS European Championships 2012, Gävle Sweden

## Entry By Name - Official

COUNTRY: \_\_\_\_\_

### Entry By Name

Please  
attach  
passport  
size photo

Please  
attach  
passport  
size photo

Family Name: \_\_\_\_\_

Given Name: \_\_\_\_\_

Passport No: \_\_\_\_\_

Special Dietary  
Requirements  
(gluten, lactose,  
no pork etc.): \_\_\_\_\_

### Position

Head of delegation	
Team Official	
Coach	
Care Staff	
Doctor	
Physiotherapist	

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Email: anders@suh.se / Mobile: +46 70 371 92 18



# Final Entry Form

INAS European Championships 2012, Gävle Sweden

## Arrival/Departure

COUNTRY: \_\_\_\_\_

### Transport

#### Arrival

	Date	Time	Flight No.	Place of Arrival	Arrival From
Air					

#### Departure

	Date	Time	Flight No.	Place of Departure
Air				

Please note: Transportation between the train station in Gävle and the accommodation venue will be organized for all teams by buses.

### Ceremony Material

Please bring:

- 3 National Flags
- 1 CD with National Anthem

Please return this form to Mr Anders Olsson *before 27 February 2012*

Email: anders@suh.se / Mobile: +46 70 371 92 18



**Final Entry Form**  
*INAS European Championships 2012, Gävle Sweden*

**Finance**

ORGANISATION: \_\_\_\_\_

Country: \_\_\_\_\_ Country Code: \_\_\_\_\_

**Payment:**

Bank: Swedbank AB

Bank address: Långgatan 11, 821 43 Bollnäs, Sweden

Account name: SVENSKT UTVECKLINGSCENTRUM HANDIKAPP

Address: Box 1002, SE-821 11 Bollnäs, Sweden

BIC: SWEDSESS

**Shared Accommodation: 635 € per person**

#People \_\_\_\_\_ x 635 € = \_\_\_\_\_

# Additional days \_\_\_\_\_ x 120 € = \_\_\_\_\_

**Total € = \_\_\_\_\_**

Please return this form to Mr Anders Olsson *before 27 February 2012*

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